

## European Weightlifting Nations Cup (defunct)

Team competition with three lifters of any bodyweight, whose performance has been converted into points.

- |    |                   |             |    |                   |            |
|----|-------------------|-------------|----|-------------------|------------|
| 1. | 1986, Dec 12 - 13 | Reims FRA   | 3. | 1988, Dec 09 - 10 | Angers FRA |
| 2. | 1987, Dec 11      | Miskolc HUN | 4. | 1989, Dec 16      | Sofia BUL  |

	<b>European Cup Winners</b>	<b>Pts.</b>	<b>Runners-up</b>		<b>Pts.</b>	<b>Third place</b>	<b>Pts.</b>
1986	BUL	1752,2390	URS	1721,78775	ROU	1698,9350	
1987	BUL	1809,262	HUN	1627,128	URS	1325,165	
1988	BUL	1664,2452	GDR	1642,7027	POL	1600,2117	
1989	BUL	1276,41	URS	1216,91	ALB	1211,60	

## European Team Championship (defunct)

The European Promotion Cup, contested since 1997, doubled also as a European Team Championship starting in 2003. A team consists of one female, one male, one junior and one youth weightlifter. The points were calculated using the Sinclair coefficients.

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|----|-------------------|-----------|----|-----------------------|--------------|
| 1. | 2003, Jun 27 - 29 | Udine ITA | 4. | 2006, Jun 22 - 26     | Udine ITA    |
| 2. | 2004, Jun 25 - 28 | Udine ITA | 5. | 2007, Jun 21 - 24     | Verona ITA   |
| 3. | 2005, Jun 16 - 20 | Udine ITA | 6. | 2008, May 29 - Jun 01 | Lausanne SUI |

	<b>European Champions</b>	<b>Pts.</b>	<b>Runners-up</b>		<b>Pts.</b>	<b>Third place</b>	<b>Pts.</b>
2003	BUL	1294,74	FRA	1225,83	HUN	1218,13	
2004	GER	1271,07	BUL	1241,11	TUR	1062,80	
2005	POL	1280,25	ESP	1214,47	ROU	1154,60	
2006	POL	1332,51	BUL	1276,55	CZE	1239,96	
2007	POL	1343,91	CZE	1329,69	GER	1221,84	
2008	POL	1326,69	CZE	1281,50	GER	1249,59	